

Travelling Green in Scotland



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School Travel
Sustrans

A Safer and Active
Journey to School



Travelling Green in Scotland

Background
Pilot
Teacher pack
Pupil pack
Roll out
Successes



Travelling Green in Scotland



- Developed in West Dunbartonshire
- Research paper
- Alternative approach to travel planning
- Primary 5 pupils
- Six week period



Travelling Green in Scotland



- Links in with Curriculum for Excellence (Scot national curriculum) and Road Safety
- Links with HPS and Eco-Schools
- Partnership between SHPSU, WDC, Scot. Gov., Sustrans
- Tackling School Run Funding to roll-out to 32 Scottish Local Authorities



Travelling Green – How does it work?



- pupils set small, achievable targets for walking
- chart their progress over a six-week period



Travelling Green Pilot - 2001



- 2 Primary Schools one TG one control
- % of pupils who travelled the main part of their journey to school by car dropped from 59% to 44%
- 70% of pupils now walk to school
- project integrated the journey to school with the school curriculum



Travelling Green – Teacher Pack



- Foreword by Dr. Matt Lowther
National Physical Activity Policy Coordinator,
Scottish Government Health Department
- Curricular Links
- Introductory Activities
- Lesson plans e.g. The Lungs
- Pupil worksheets



Travelling Green – Pupil Pack



- My Travel Challenge
- Guide for Parents
- Pupil Information Guide
- Charts to record progress
- Fluorescent/reflective stickers
- Arrive Alive a highway code for young road users



Travelling Green in Scotland 2007



- Training on TG delivery provided to STCs, RSOs and ASCs in all 32 Scottish LAs
- Scottish Health Promotion and Nutrition Bill includes journey to school
- Orders for TG packs coming in from LAs



Travelling Green in Scotland

- Children walking further
- Daily Jog
- Before 39% walked all or part of the way to school, 48% travelled to school by car
- After participating in TG: 64% walked all or part of the way to school, 20% travelled to school by car



Travelling Green in Scotland



- Travelling Green won a National Transport Award for Road Safety in 2003.
- Finalist in APSE Public Service Awards 2002 for Best Community Initiative.
- Shortlisted in Scottish Transport Awards 2007 in Travel to School and Work Category
- Nominated for CoSLA Excellence Awards



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